

# Singles - Eights - Piston Strokes

BJD2014 SEPS

Bryan Barley 2014

This is a two mallet exercise to isolate and develop the piston & legato strokes. Start at given height, strike the bar with good velocity, and return to the same height in one fluid motion. Produce stroke with 90% wrist-hinge movement and 10% forearm (to add height and flow). Also use various dynamics and accent to tap patterns (penta scale). Play in all Major and Natural Minor keys. After mastering two mallets, try it with four using any sticking combination.

♩ = 64 - 190

The score is divided into two systems. The first system contains measures 1 through 7, and the second system contains measures 8 through 13. The instruments are 2-mallet Keys, Synth, Bass, Perc. 1, and Perc. 2. The 2-mallet Keys part features a melodic line with eighth and sixteenth notes, often beamed together. The Synth part provides harmonic support with sustained chords and moving lines. The Bass part has a steady eighth-note pattern. Perc. 1 and Perc. 2 play complex rhythmic patterns using various sticking combinations like 'r l r l', 'R L r l', and 'RL'. Measure numbers 1 through 13 are printed below the Perc. 2 staff.

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Keyboards: Two Mallets

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♩ = 64 - 190

The musical score is written in 4/4 time and consists of four staves. The first staff begins with a treble clef and a key signature of one sharp (F#). The tempo is indicated as ♩ = 64 - 190. The first staff contains 12 measures of music. The first 8 measures are marked with 'r' (right mallet) and the last 4 measures are marked with 'l' (left mallet). The second staff begins with a measure number '5' and contains 8 measures of music. The first 4 measures are marked with 'r etc.' and the last 4 measures are marked with 'l etc.'. The third staff begins with a measure number '9' and contains 12 measures of music. The first 8 measures are marked with 'r' and the last 4 measures are marked with 'l'. The fourth staff begins with a measure number '13' and contains 4 measures of music. The first measure is marked with 'r' and the last three measures are marked with a double bar line.

5

9

13

r r r r r r r r r r r r l l l l l l l l l l l l l l l l

r etc. l etc.

r

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Synth/Keys

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♩ = 64 - 190

Synth Pad

5

Pad

9

Pad

13

Pad

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Bass Guitar

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♩ = 64 - 190

The musical score is written in bass clef with a 4/4 time signature. It consists of four staves of music. The first staff contains measures 1 through 4. The second staff, starting with a measure number '5' above the first measure, contains measures 5 through 8. The third staff, starting with a measure number '9' above the first measure, contains measures 9 through 12. The fourth staff, starting with a measure number '13' above the first measure, contains measures 13 through 15. The exercise features various rhythmic patterns including eighth notes, sixteenth notes, and quarter notes, with some measures containing rests.

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Percussion 1: snare drum and suspended Cymbal

This is a two mallet exercise to isolate and develop the piston & legato strokes. Start at given height, strike the bar with good velocity, and return to the same height in one fluid motion. Produce stroke with 90% wrist-hinge movement and 10% forearm (to add height and flow). Also use various dynamics and accent to tap patterns (penta scale). Play in all Major and Natural Minor keys. After mastering two mallets, try it with four using any sticking combination.

♩ = 64 - 190

1

5

9

13

> RL

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Percussion 2: toms or concert bass

This is a two mallet exercise to isolate and develop the piston & legato strokes. Start at given height, strike the bar with good velocity, and return to the same height in one fluid motion. Produce stroke with 90% wrist-hinge movement and 10% forearm (to add height and flow). Also use various dynamics and accent to tap patterns (penta scale). Play in all Major and Natural Minor keys. After mastering two mallets, try it with four using any sticking combination.

♩ = 64 - 190

1 2 3 4

r r r r r r r r r r r r l l l l l l l l l l l l

5 6 7 8

r r r r r r r r lr lr lr lr l l l l l l l l lr lr lr lr r r l l l r r l

9 10 11 12

l r r l l r l l r \_\_\_\_\_